

SCIENCE
PROBLEMS.UZ

ISSN 2181-1342

Actual problems of social and humanitarian sciences
Актуальные проблемы социальных и гуманитарных наук

Ijtimoiy-gumanitar fanlarning dolzarb muammolari

10-son (5-jild)

2025

SCIENCEPROBLEMS.UZ

IJTIMOIIY-GUMANITAR FANLARNING DOLZARB MUAMMOLARI

№ 10 (5) – 2025

АКТУАЛЬНЫЕ ПРОБЛЕМЫ СОЦИАЛЬНО- ГУМАНИТАРНЫХ НАУК

ACTUAL PROBLEMS OF HUMANITIES AND SOCIAL SCIENCES

TOSHKENT-2025

BOSH MUHARRIR:

Isanova Feruza Tulqinovna

TAHRIR HAY'ATI:

07.00.00- TARIX FANLARI:

Yuldashev Anvar Ergashevich – tarix fanlari doktori, siyosiy fanlar nomzodi, professor;

Mavlanov Uktam Maxmasabirovich – tarix fanlari doktori, professor;

Xazratkulov Abror – tarix fanlari doktori, dotsent;

Tursunov Ravshan Normuratovich – tarix fanlari doktori;

Xolikulov Axmadjon Boymahmatovich – tarix fanlari doktori;

Gabrielyan Sofya Ivanovna – tarix fanlari doktori, dotsent;

Saidov Sarvar Atabullo o'g'li – katta ilmiy xodim, Imom Termiziy xalqaro ilmiy-tadqiqot markazi, ilmiy tadqiqotlar bo'limi.

08.00.00- IQTISODIYOT FANLARI:

Karlibayeva Raya Xojabayevna – iqtisodiyot fanlari doktori, professor;

Nasirxodjayeva Dilafruz Sabitxanovna – iqtisodiyot fanlari doktori, professor;

Ostonokulov Azamat Abdukarimovich – iqtisodiyot fanlari doktori, professor;

Arabov Nurali Uralovich – iqtisodiyot fanlari doktori, professor;

Xudoyqulov Sadirdin Karimovich – iqtisodiyot fanlari doktori, dotsent;

Azizov Sherzod O'ktamovich – iqtisodiyot fanlari doktori, dotsent;

Xojayev Azizxon Saidaloxonovich – iqtisodiyot fanlari doktori, dotsent

Xolov Aktam Xatamovich – iqtisodiyot fanlari bo'yicha falsafa doktori (PhD), dotsent;

Shadiyeva Dildora Xamidovna – iqtisodiyot fanlari bo'yicha falsafa doktori (PhD), dotsent v.b.;

Shakarov Qulmat Ashirovich – iqtisodiyot fanlari nomzodi, dotsent.;

Jabborova Charos Aminovna - iqtisodiyot fanlari bo'yicha falsafa doktori (PhD).

09.00.00- FALSAFA FANLARI:

Hakimov Nazar Hakimovich – falsafa fanlari doktori, professor;

Yaxshilikov Jo'raboy – falsafa fanlari doktori, professor;

G'aybullayev Otabek Muhammadiyevich – falsafa fanlari doktori, professor;

Saidova Kamola Uskanbayevna – falsafa fanlari doktori;

Hoshimxonov Mo'min – falsafa fanlari doktori, dotsent;

O'roqova Oysuluv Jamoliddinovna – falsafa fanlari doktori, dotsent;

Nosirxodjayeva Gulnora Abdukaxxarovna – falsafa fanlari nomzodi, dotsent;

Turdiyev Bexruz Sobirovich – falsafa fanlari doktori (DSc), Professor.

10.00.00- FILOLOGIYA FANLARI:

Axmedov Oybek Saporbayevich – filologiya fanlari doktori, professor;

Ko'chimov Shuxrat Norqizilovich – filologiya fanlari doktori, dotsent;

Hasanov Shavkat Ahadovich – filologiya fanlari doktori, professor;

Baxronova Dilrabo Keldiyorovna – filologiya fanlari doktori, professor;

Mirsanov G'aybullo Qulmurodovich – filologiya fanlari doktori, professor;

Salaxutdinova Musharraf Isamutdinovna – filologiya fanlari nomzodi, dotsent;

Kuchkarov Raxman Urmanovich – filologiya fanlari nomzodi, dotsent v/b;

Yunusov Mansur Abdullayevich – filologiya fanlari nomzodi;

Saidov Ulugbek Aripovich – filologiya fanlari nomzodi, dotsent;

Qodirova Muqaddas Tog'ayevna - filologiya fanlari nomzodi, dotsent.

12.00.00- YURIDIK FANLAR:

Axmedshayeva Mavlyuda Axatovna – yuridik fanlar doktori, professor;

Muxitdinova Firyuza Abdurashidovna – yuridik fanlar doktori, professor;

Esanova Zamira Normurotovna – yuridik fanlar doktori, professor, O'zbekiston Respublikasida xizmat ko'rsatgan yurist;

Hamroqulov Bahodir Mamasharifovich – yuridik fanlar doktori, professor v.b.,;

Zulfiqorov Sherzod Xurramovich – yuridik fanlar doktori, professor;

Xayitov Xushvaqt Saparbayevich – yuridik fanlar doktori, professor;

Asadov Shavkat G'aybullayevich – yuridik fanlar doktori, dotsent;

Ergashev Ikrom Abdurasulovich – yuridik fanlari doktori, professor;

Utemuratov Maxmut Ajimuratovich – yuridik fanlar nomzodi, professor;

Saydullayev Shaxzod Alixanovich – yuridik fanlar nomzodi, professor;

Hakimov Komil Baxtiyarovich – yuridik fanlar doktori, dotsent;

Yusupov Sardorbek Baxodirovich – yuridik fanlar doktori, professor;

Amirov Zafar Aktamovich – yuridik fanlar doktori (PhD);

Jo'rayev Sherzod Yuldashevich – yuridik fanlar nomzodi, dotsent;

Babadjanov Atabek Davronbekovich – yuridik fanlar nomzodi, professor;

Normatov Bekzod Akrom o'g'li — yuridik fanlar bo'yicha falsafa doktori;

Rahmatov Elyor Jumaboyevich — yuridik fanlar nomzodi;

13.00.00- PEDAGOGIKA FANLARI:

Xashimova Dildarxon Urinboyevna – pedagogika fanlari doktori, professor;

Ibragimova Gulnora Xavazmatovna – pedagogika fanlari doktori, professor;

Zakirova Feruza Maxmudovna – pedagogika fanlari doktori;

Kayumova Nasiba Ashurovna – pedagogika fanlari doktori, professor;

Taylanova Shoxida Zayniyevna – pedagogika fanlari

doktori, dotsent;

Jumaniyozova Muhayyo Tojiyevna – pedagogika fanlari doktori, dotsent;

Ibraximov Sanjar Urunbayevich – pedagogika fanlari doktori;

Javliyeva Shaxnoza Baxodirovna – pedagogika fanlari bo'yicha falsafa doktori (PhD);

Bobomurotova Latofat Elmurodovna — pedagogika fanlari bo'yicha falsafa doktori (PhD).

19.00.00- PSIXOLOGIYA FANLARI:

Karimova Vasila Mamanosirovna – psixologiya fanlari doktori, professor, Nizomiy nomidagi Toshkent davlat pedagogika universiteti;

Hayitov Oybek Eshboyevich – Jismoniy tarbiya va sport bo'yicha mutaxassislarni qayta tayyorlash va malakasini oshirish instituti, psixologiya fanlari doktori, professor

Umarova Navbahor Shokirovna– psixologiya fanlari doktori, dotsent, Nizomiy nomidagi Toshkent davlat pedagogika universiteti, Amaliy psixologiyasi kafedrasini mudiri;

Atabayeva Nargis Batirovna – psixologiya fanlari doktori, dotsent;

Shamshetova Anjim Karamaddinovna – psixologiya fanlari doktori, dotsent;

Qodirov Obid Safarovich – psixologiya fanlari doktori (PhD).

22.00.00- SOTSIOLOGIYA FANLARI:

Latipova Nodira Muxtarjanovna – sotsiologiya fanlari doktori, professor, O'zbekiston milliy universiteti kafedra mudiri;

Seitov Azamat Po'latovich – sotsiologiya fanlari doktori, professor, O'zbekiston milliy universiteti;

Sodiqova Shohida Marxaboyevna – sotsiologiya fanlari doktori, professor, O'zbekiston xalqaro islom akademiyasi.

23.00.00- SIYOSIY FANLAR

Nazarov Nasriddin Ataqulovich –siyosiy fanlar doktori, falsafa fanlari doktori, professor, Toshkent arxitektura qurilish instituti;

Bo'tayev Usmonjon Xayrullayevich –siyosiy fanlar doktori, dotsent, O'zbekiston milliy universiteti kafedra mudiri.

OAK Ro'yxati

Mazkur jurnal Vazirlar Mahkamasi huzuridagi Oliy attestatsiya komissiyasi Rayosatining 2022-yil 30-noyabrdagi 327/5-son qarori bilan tarix, iqtisodiyot, falsafa, filologiya, yuridik va pedagogika fanlari bo'yicha ilmiy darajalar yuzasidan dissertatsiyalar asosiy natijalarini chop etish tavsiya etilgan ilmiy nashrlar ro'yxatiga kiritilgan.

“Ijtimoiy-gumanitar fanlarning dolzarb muammolari” elektron jurnali 2020-yil 6-avgust kuni 1368-sonli guvohnoma bilan davlat ro'yxatiga olingan.

Muassis: “SCIENCEPROBLEMS TEAM” mas'uliyati cheklangan jamiyati

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Received: 15 September 2025

Accepted: 1 October 2025

Published: 10 October 2025

Article / Original Paper

THE ROLE OF BIOSPHERE RESERVES AND NATIONAL PARKS IN TOURISM

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Abstract. This article examines the role of biosphere reserves and national parks in tourism. It highlights both the theoretical and practical aspects of protecting natural areas and integrating them into sustainable tourism processes. The study emphasizes the significance of biosphere reserves and national parks in fostering ecotourism, enhancing public environmental awareness, revitalizing regional economies, and expanding international cooperation. The findings indicate that the sustainable development of tourism in these areas not only ensures the conservation of natural resources but also contributes to improving the well-being of local communities.

Keywords: biosphere reserves, national parks, ecotourism, sustainable tourism, environmental protection, regional development, local communities, biodiversity conservation, international cooperation, environmental awareness.

BIOSFERA QO'RIQXONALARI VA TABIAT BOG'LARINING TURIZMDA TUTGAN O'RNI

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Annotatsiya. Ushbu maqola biosfera rezervatlari va milliy bog'larning turizmdagi rolini o'rganadi. Unda tabiiy hududlarni muhofaza qilish va ularni barqaror turizm jarayonlariga integratsiyalashning ham nazariy, ham amaliy jihatlarini yoritilgan. Tadqiqotda biosfera rezervatlari va milliy bog'larning ekoturizmni rivojlantirish, aholining ekologik madaniyatini yuksaltirish, mintaqalar iqtisodiyotini jonlantirish va xalqaro hamkorlikni kengaytirishdagi ahamiyati ta'kidlangan. Natijalar shuni ko'rsatadiki, ushbu hududlarda turizmning barqaror rivojlanishi nafaqat tabiiy resurslarni saqlashni ta'minlash, balki mahalliy aholi farovonligini oshirishga ham xizmat qiladi.

Kalit so'zlar: biosfera rezervatlari, milliy bog'lar, ekoturizm, barqaror turizm, atrof-muhitni muhofaza qilish, mintaqaviy rivojlanish, mahalliy jamoalar, bioxilma-xillikni saqlash, xalqaro hamkorlik, atrof-muhitni muhofaza qilish.

DOI: <https://doi.org/10.47390/SPR1342V5I10Y2025N25>

Introduction. Tourism has become one of the fastest-growing sectors of the global economy, offering not only recreational opportunities but also serving as a catalyst for sustainable development. In recent decades, increasing attention has been paid to the role of natural areas—particularly biosphere reserves and national parks—in promoting environmentally friendly forms of tourism. These protected territories are established with the

primary aim of conserving biodiversity, safeguarding ecosystems, and ensuring the sustainable use of natural resources. At the same time, they function as key destinations for ecotourism, providing visitors with opportunities to experience and appreciate the natural environment in a responsible manner. Biosphere reserves, designated under UNESCO's "Man and the Biosphere" (MAB) Programme, represent a unique model that combines conservation, scientific research, and sustainable development. [1; 89-91-b.] Similarly, national parks serve as both ecological sanctuaries and public recreational spaces, where tourism activities are regulated to minimize environmental impact. By integrating ecological protection with socio-economic benefits, these areas contribute significantly to raising public environmental awareness, generating local employment, and enhancing regional economic growth.

Given the growing global interest in sustainable and eco-friendly travel, it is essential to explore the multifaceted role of biosphere reserves and national parks in tourism. [2; 50-52-b.] This article aims to analyze their significance in the development of sustainable tourism, their contribution to environmental education, and their potential in strengthening international cooperation for biodiversity conservation.

Data analyzing. For this research, data were collected from secondary sources including UNESCO reports, national tourism statistics, and case studies of biosphere reserves and national parks across different regions. The analysis was conducted in three stages: visitor dynamics, economic contributions, and environmental impacts. [3; 24-27-b.]

1. Visitor Dynamics

Year	Average visitors (Biosphere Reserves)	Average visitors (National Parks)	Growth rate (%)
2015	1,2 million	2,8 million	-
2018	1,5 million	3,2 million	12,5
2022	1,9 million	3,6 million	15,3

Tourist arrivals in biosphere reserves and national parks have shown steady growth over the past decade. Data indicate that eco-oriented destinations attract 10–15% more international visitors compared to conventional recreational areas. For instance, in several UNESCO biosphere reserves in Europe, the number of visitors increased by 25% between 2015 and 2022, largely due to rising demand for eco-friendly tourism. [4; 78-80-b.]

Research Methodology. This study employs a qualitative and quantitative research design to examine the role of biosphere reserves and national parks in tourism development. The methodology consists of several stages, combining literature review, statistical data analysis, and comparative case study evaluation.

Research Design, Data Collection, Data Analysis Techniques, Case Study Approach, Limitations of the Study, Ethical Considerations

Analysis and results. Tourism revenues from protected areas contribute significantly to local and regional economies. On average, 30–40% of local household income in communities near biosphere reserves comes from tourism-related services such as guiding, handicrafts, and eco-lodging. National parks, due to higher visitor numbers, tend to generate larger total revenues, but biosphere reserves often ensure more equitable benefit-sharing with local populations. While tourism provides vital funding for conservation, it also creates environmental pressures. [5; 100-102-b.] In areas with uncontrolled visitor flows, signs of soil

erosion, waste generation, and wildlife disturbance are observed. Data from selected case studies show that unregulated tourism can reduce habitat quality by 20–25%, whereas well-managed reserves with strict visitor limits maintain stable biodiversity indicator. While tourism provides vital funding for conservation, it also creates environmental pressures.

1. Economic Contributions

Indicator	Total export (mln \$)	Portion (%)
Average household income from tourism	11,979	7.3
Employment rate in touris sector	14,257	9.3
Share of tourism in regional GDP	13,050	2.0

In areas with uncontrolled visitor flows, signs of soil erosion, waste generation, and wildlife disturbance are observed. Data from selected case studies show that unregulated tourism can reduce habitat quality by 20–25%, whereas well-managed reserves with strict visitor limits maintain stable biodiversity indicator. [5; 68-70-b.]

2. Environmental Impacts

Impact category	Positive effects	Negative effects (if unanaged)
Biodiversity	Funding for conversation , habitat restoration	Habitat disturbance, wildlife stress
Waste management	Awareness capaigns, eco-friendly facilities	Littering, pollution
Climate resilience	Carbon offset programs, tree planting	Increased carbon footprint from travel

Biosphere reserves attract smaller but higher-quality ecotourism flows, emphasizing education and conservation. National parks draw larger visitor numbers, which can maximize revenue but increase environmental risks. Both systems significantly enhance local livelihoods, yet require effective management strategies to balance conservation with tourism growth.

Conclusion and Recommendations. The study confirms that biosphere reserves and national parks play a crucial role in shaping sustainable tourism. They serve as key instruments for biodiversity conservation, environmental education, and regional socio-economic development. Biosphere reserves, through their integration of conservation, research, and community participation, provide a model for balancing ecological protection with sustainable livelihood opportunities. National parks, in turn, attract larger tourist flows and generate significant economic benefits, though they often face greater risks of environmental pressure. Overall, the findings demonstrate that these protected areas are not only ecological sanctuaries but also engines of responsible tourism, cultural preservation, and international cooperation. However, the success of their role in tourism largely depends on effective management strategies, financial sustainability, and active involvement of local communities. [6; 50-53-b.]

Strengthen Sustainable Tourism Management – Implement strict visitor capacity limits, zoning systems, and eco-friendly infrastructure to reduce environmental impacts. Enhance Community Participation – Encourage local communities to take part in tourism planning and decision-making, ensuring fair benefit distribution. Promote Ecological Education – Expand interpretation centers, guided eco-tours, and awareness campaigns to increase visitors' understanding of conservation. Develop Diversified Tourism Products – Introduce eco-lodging,

cultural festivals, handicraft markets, and scientific tours to reduce reliance on mass tourism. Increase Financial Support – Secure national and international funding for conservation projects and invest in sustainable tourism infrastructure. Foster International Cooperation – Strengthen collaboration through UNESCO's MAB Programme, regional partnerships, and cross-border conservation initiatives.

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IJTIMOIIY-GUMANITAR FANLARNING DOLZARB MUAMMOLARI

№ 10 (5) – 2025

АКТУАЛЬНЫЕ ПРОБЛЕМЫ СОЦИАЛЬНО- ГУМАНИТАРНЫХ НАУК

ACTUAL PROBLEMS OF HUMANITIES AND SOCIAL SCIENCES

“Ijtimoiy-gumanitar fanlarning dolzarb muammolari” elektron jurnali 2020-yil 6-avgust kuni 1368-sonli guvohnoma bilan davlat ro'yxatiga olingan.

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